

DISC ONE <> Three Decades of New York City

- (1) Gregorsky's Three-Point Intro
- (2) Three Early Alys Memories
- (3) Alice Murphy, born 1879; and Andrew John Savage, born 1872
- (4) Housework plus Dancing; Reading Starts Early; Family Values
- (5) The Household Economics -- Defying the Depression Odds
- (6) Newspapers and Case-Making; these Kids Behaved; Harry and Jenny
- (7) Six Brothers: Accounting, Athletics, Aerial Photography, Law
- (8) Poppa's Sense of Humor; Art and Mary Frances Meeker
- (9) Risks During Childhood; Serious Donald, Generous Andrew
- (10) Smokers versus Avoiders; the Passage of Time and Lives

DISC TWO <> From Teen Years to Puerto Rico

- (1) Mary Walton High School: Mental Training plus Social Graces
- (2) No South Bend, No Hunter College, No Overseas Missionary Work
- (3) Michael John Krisman: "If I Write to You, Will You Answer?"
- (4) U.S. Senator Burton K. Wheeler and the Road to West Point
- (5) A Montana Portrait of Antonija Baric Krisman, 1885-1955
- (6) Emil, Elizabeth, Ann, Michael, Joseph, Magdalene, Edward
- (7) Did Magdalene's Death leave Michael Reluctant to Show Emotion?
- (8) Connie's Panama Recollections and the Brush with Polio
- (9) Mary Ann Absorbs Hospital Life, while Kris "Didn't Know Danger"
- (10) "There Was a Man in Puerto Rico Who Wanted Independence"

DISC THREE <> Military Training, Travel, Community

- (1) "The Family and the U.S. Army Could Protect Me from Everything"
- (2) From Panama to Fort Niagara, a Chronology of their Geography
- (3) Kris Krisman Studying "Friendships, Friends and Acquaintances"
- (4) Mary Ann Arrives at Nursing through the U.S. Army
- (5) Chopper School for Nine Months; Alys's Classroom Career
- (6) "The Colonel Will Be Home to Receive Callers Tonight"
- (7) From Yellowstone to East Helena – Three Decades Later
- (8) Gout, Anabasil, Kidney Failure, and Michael's Final Years;
"How Many People Live to Have 20 Great-Grandchildren?"
- (9) Highland Falls is Fine, Thoughts for Ethan, the Book She'd Write
- (10) Those Cliffs and Moats in Puerto Rico; Learning to Be a Widow